

**February 2nd, 2012**

**Cretin-Derham Hall Raiders at Saint Paul Como Park with Saint Paul Harding**

**Recap:**

Cretin-Derham Hall had their best performance of the season on Thursday night! The Raiders were sporting a new look with their black singlets which arrived that morning. Looking sharp and wrestling with conviction, CDH won 5 out of 7 Junior Varsity matches. Javonte Washington earned two wins by fall while Mason Rostad and Ryan Tracy each added another win to their totals, both by pin. Casey Malone-Povolny had one of the most exciting matches of the evening. He tallied 7 takedowns in one match while fighting off two dangerous headlock situations to earn a 17-16 win by decision.

The Varsity took on the Como Park Cougars first. Casey Bulmer and Charlie Metz started things off on the right foot with great performances. Charlie used a takedown, a reversal, and 5 nearfall points to build a 10-0 lead in the first two periods. Noah Kelliher followed that up with convincing win by fall. Andrew Pederson also earned a win by fall, while JC McGeary and Stuart Cleveland earned victories by forfeit.

Against the Harding Knights, several wrestlers battled to full-match decisions. Jack Gainer lost a close 4-3 decision where he nearly scored the winning takedown at the final buzzer. Matthew Boncich wrestled an opponent who had beaten him previously and scored a couple of takedowns to nearly pull off the upset. Also, Stuart Cleveland lost a 10-6 decision where he nearly pinned his opponent in the second period. Andrew Pederson came up with the lone win by decision. He used 2 takedowns and a 3-point nearfall to build his lead and controlled the action from there.

**Final Notes:**

This is a great time of the year to be wrestling well, and the Raiders are doing that against quality opponents. In fact, the last dual of the triangular between Harding and Como Park was to determine the Saint Paul City Conference Champions. Several wrestlers continue to make huge strides of improvement. Finally, everyone's match count issues are in the clear. All wrestlers have sat out enough matches to be able to have 2 or more matches apiece at home this Thursday.

**Up Next:**

Cretin-Derham Hall will play host to South Saint Paul and Park-Cottage Grove on Thursday, February 9th. It will be the final home match of the season for CDH. We will recognize the seniors and also the wrestling parents who have been instrumental in making this season a success while we build our program.

On Saturday, the Raiders will compete in the Suburban East Conference Junior Varsity Championships. Then the following three weekends are Team Sections, Individual Sections, and the Minnesota State High School League Championships at the Xcel Energy Center in Saint Paul.