

Cretin-Derham Hall Wrestling Camp Summer 2019

Date: Monday- Friday, June 17th-21st

Time: 10am-12pm

Ages: Students entering grades K-9

Cost: \$40 (Includes a t-shirt)

Location: CDH Wrestling Room



Camp Format:

- CDH Varsity coaches and wrestlers will be facilitating this camp.
- Wrestlers will be grouped based on age, weight, and experience.
- Instruction will cover fundamental technique for all levels of wrestlers. Beginners and experienced wrestlers will be able to improve their overall athletic ability through drills that will help improve balance, foot speed and hand-fighting.

Registration:

- Please send the registration form in the back of this booklet, along with payment to:
Dan Willaert
550 South Albert St.
St Paul, MN 55116
- Registration is due by June 1st, 2019 to secure a t-shirt order. Late registrations and walk-ups are welcome, just not guaranteed a t-shirt.
- No confirmation will be sent. Your cancelled check is confirmation.

Questions/Concerns:

Dan Willaert

dwillaert@c-dh.org

651-387-9163

Please Use Registration Form in back of the camp booklet or at <http://www.cretin-derhamhall.org/athletics/summer-camps/>