

CDH Athletics/Activities

Covid-19 Release Form

Given the COVID-19 environment, **Cretin-Derham Hall** is requiring all student/athletes to adhere to the following safety guidelines and provide the below information in order to reduce the risk or spread of infection.

Parent(s) or guardians must acknowledge the following statements to participate in training or summer camps at Cretin-Derham Hall High School.

I am providing the following information on behalf of

_____ (student/athlete name)

Please initial next to each statement.

_____ My student/athlete has not had contact with anyone confirmed with COVID-19 in the past 14 days. At any point in the future, if I have reason to believe my student/athlete has come in to contact with someone with COVID-19, I agree to immediately notify **Cretin-Derham Hall's staff**.

_____ My student/athlete has not had any of the following symptoms in the last 14 days and is **NOT** currently experiencing: *fever over 100, difficulty breathing, sore throat,* or *cough*.

_____ At any point in the future, if my student/athlete has any of these symptoms, I will notify **Cretin-Derham Hall's staff** immediately.

_____ I agree to not allow my student/athlete to participate in any **training or summer camp sessions** with these symptoms, and wait at least seven **(7)** days after symptoms have subsided to return to training or provide **CDH** with a COVID-19 negative test.

_____ If a student tests positive for Covid-19, they will not be allowed to participate in programing or enter CDH facilities for a 14 day period starting at the date of school's notification. Student/athlete must also be evaluated by a medical professional and provide a signed note for return to participation. In the event of a positive test, all member in that student/athletes "pod(s)" will be notified and required to quarantine for 7 days.

_____ If a student/athlete notifies CDH of symptoms through daily Covid-19 questionnaire or family communication, the symptomatic student/athlete and all student/athletes in "pod(s)" with the symptomatic student/athlete may not return to the facility for 3 days. Within those 3 days, students/athletes must be free of fever (>100.4° F) without fever-reducing medication for 24 hours, and free of any other symptoms for at least 24 hours, without the use of other symptom-altering medicines (i.e. cough suppressants).

If your student/athlete has any of the following underlying health conditions or your student/athlete lives with someone with these conditions, Cretin-Derham Hall recommends you train **using a virtual program**:

- Chronic heart disease
- Chronic lung disease
- Chronic kidney disease
- Moderate to severe asthma

- Diabetes
 Beside wit
- Reside with a family member with high risk underlying conditions
- Other underlying conditions

Obesity

_____ I have read the information and answered the questions above to the best of my ability. I agree to continue to adhere to the above safety guidelines as long **as I and my student/athlete** participates in the **Cretin-Derham Hall's training or summer camp**.

Assumption of Risk and Waiver of Liability Relating to COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is **extremely contagious** and is believed to spread mainly from person-to-person contact. However, there remain many unknowns about COVID-19, how it spreads, and its impact on student/athletes.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending **Cretin-Derham Hall's training or summer camp** sessions and activities and that such exposure or infection may result in severe illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 **at Cretin-Derham Hall's training or summer camp** may result from the actions, omissions, or

negligence of myself and others, including, but not limited to, **CDH** employees, contractors, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at **Cretin-Derham Hall High School** or participation in **Cretin-Derham Hall's training or summer camp** programming ("Claims"). On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless **Cretin-Derham Hall High School**, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of **Cretin-Derham Hall High School**, its employees, contractors, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any **Cretin-Derham Hall's training or summer camp**.

Please fill out this form separately for each athlete you have participating in our training or summer camp programs.

_____ (Print Name)

_____ (Email Address)

_____ (Signature)