



CRETIN-DERHAM HALL FUTURE RAIDERS FOOTBALL CAMP

Cretin-Derham Hall High School – South Field
July 31-Aug 1 | 8:30am – Noon | Grades 1-6

The Cretin-Derham Hall Future Raiders Football Camp includes instruction from CDH coaches and players and a T-shirt.

WHAT TO BRING:

- Football cleats or tennis shoes
- Water Bottle
- Weather appropriate clothing

SEND PRE-REGISTRATION AND PAYMENT TO:

Raiders Football Camp
Attn: Coach Chuck Miesbauer
550 S Albert ST
St Paul, MN 55116

FOR MORE INFORMATION CONTACT:

Head Football Coach – Chuck Miesbauer
cmiesbauer@c-dh.org

Monday Schedule

8:15am – Check In
8:30am – Stretch
8:45am – CDH Combine
9:10am – Water Break
9:15am – Offensive Circuit
10:00am – Water Break
10:05am – Defensive Circuit
10:50am – Water/Flag Rules
11:00am – Flag Game 1
11:30am – Flag Game 2

Tuesday Schedule

8:15am – Check In
8:30am – Stretch
8:45am – Special Teams Circuit
9:20am – Water Break
9:25am – Flag Tournament
10:25am – Water
10:30am – Football Contests
11:00am – Water Break
11:05am – Flag Semi Finals
11:30am – Flag Championship

Registration Form

☐ \$40 Pre-Registration ☐ \$50 Day of (Financial Assistance Available)

*Make checks payable to Cretin-Derham Hall Football | All transactions are final

Camper's Name: _____ School: _____ Grade 2019-20: _____

Address: _____ City/State/Zip: _____

Parent or Guardian: _____ Email: _____ Phone: _____

Alternate Emergency Contact: _____ Phone: _____

T-Shirt Size (circle one): Youth Sizes: S M L | Adult Sizes: S M L XL

Permissions and Waivers:

I give my permission for _____ to participate in the Cretin-Derham Hall Summer Clinic/Camp/League, as s/he is healthy and under no physical restrictions. I/we know that participation in sports may result in serious injuries and protective equipment does not prevent all injuries to players and do hereby waive, release, absolve, indemnify, and agree to hold harmless Camp Instructors, Cretin-Derham Hall, supervisors, participants and persons transporting my/our child to and from activities for any claim arising out of injury/ies to my/our child whether the result of negligence or for any other cause. Parent/Guardian

Signature _____