

Ariana Awiszus



Hey girls! My name is Ariana Awiszus and I can't wait to get to know you :) At CDH, I'm a part of NHS, Model UN, Sustainability Club, and I was on the golf team. I'm a competitive dancer outside of school and I absolutely love it. I really like traveling, listening to music, going for sunset drives, skiing, and hanging out with my friends and family. Basically nothing sounds better to me than going to the beach for sunset and getting ice cream after. My favorite place to get food would either be Cane's or Chipotle and my current favorite show would have to be The Summer I Turned Pretty. I have really enjoyed these past 3 years at CDH and want to help make your time here the best experience possible! I would love to talk to you about anything and help you out with whatever you need. Can't wait to meet you!

Claire Baumberger



Hi all :) My name is Claire and I would love to be your PFP this year! Couple things about me: I swim and golf for CDH and I'm also involved in JROTC, student ambassadors club, sustainability club, and NHS. In the summer I'm a lead lifeguard at Highland Pool and I love teaching swim lessons to all ages year round. In my free time I like to hang out with family, go up to my cabin, try out different coffee shops, and find fun things to do with my friends like concerts, shopping, and meeting new people. I'd love to be able to use my high school experience to help you navigate through yours and make the best of what CDH has to offer. I can't wait to be your PFP and learn more about you.

Matt Baumberger



Hey Guys! My name is Matt Baumberger and I'd love to be your PFP this year! I am a captain of the Boys Swim and Dive team, a member of the ultimate frisbee team, and part of the JROTC program. I love to be outside, go on hikes, play pickup basketball, and golf with my friends. My favorite restaurant is hands down Chipotle and I go at least once a week. I'm excited to meet all of you and hope you choose me as your PFP!

Bella Brondum



Hii girls! My name is Bella, and I'd love to be your PFP! I really enjoy meeting new people and can't wait to learn more about you, but here's a few things about me: I'm a huge advocate for trying new things, and have been involved in lots of different activities. I'm currently a cross country captain and play softball, and volunteer through JROTC and Dorothy Day. In past years I have played volleyball, swimming, and basketball, and have also participated in Student Council, Student Ambassador Club, Sustainability Club, and Model UN. Some of my favorite things to do outside of school are coach sports, paint and do other crafts, lifeguard during the summers, lift, go on walks and runs around my neighborhood, and spend time with family and friends. Some things that are important to me are finding joy in the little moments of life (fun fact I had to stop writing in the middle of this to go outside and take a walk in a sun shower) and being kind to others no matter what! I understand the pressures of trying to balance the social, athletic, and academic aspects of highschool life, and I'd love to help you in whatever way I can! :)

Luke Fowler



Hi guys! My name is Luke and I'm excited to be your PFP mentor. You might be wondering why I'm bald, when I was 5 years old I lost all my hair to a harmless autoimmune disorder called alopecia. It is kinda cool and helps me save a lot of money on shampoo and haircuts. I am a captain on both the soccer and ultimate frisbee teams and a very active member of the CDH community. I am also involved in a wide range of extracurricular activities including offseason weightlifting, National Honors Society, Mock Trial and intramural basketball. In my free time you can find me on the golf course, hanging out with friends, or watching anything on TV from Star Wars shows to Sunday Night Football. If you pick me you will find me to be an easygoing guy that is always ready to listen and knows what it's like to be an underclassmen in this crazy world we live in.

Daisy Franzen



Hi everyone! I'm Daisy and I would love to be your PFP mentor. A few things about me: I play hockey, golf and just joined the Swim Team this year. Outside of school I work as a Lifeguard and Water Aerobics instructor and I help run a non-profit organization called Pass Down the Gown. I also volunteer at the animal humane society. I love to spend time with my 3 older sisters and I have a dog and two pet birds that I adore. I enjoy being outside, with friends, listening to music or podcasts, yoga, baking, trying new things and I am always down to grab a coffee! I know freshman year can be a big adjustment and I would love to help you navigate through! the year, whether you are looking for advice or just someone to vent to. Can't wait to meet and get to know you:~)!

Thomas Graves



What's up fellas! I'm Thomas Graves. I am a captain of the football team, play video games, code, cook, work at a pizza place, and love to watch all sports but especially soccer and hockey. My favorite foods are pasta, lobster, and sesame chicken. I listen to all kinds of music from Zach Bryan to Kendrick Lamar. One unique thing about me is I was born in Bangor, Maine. I also like trying new things and going to CDH events. Can't wait to meet!

Izzy Macheel



Hey guys! My name is Izzy and I would absolutely love to be your pfp this year! ;) a few things about me: I swim for CDH and year round for a club team, I am also a part of sustainability club, mock trial, choir, and NHS. I am obsessed with music and love listening and talking about it. My fave is Phoebe Bridgers but I also love the Lumineers. I love being outside, especially hiking and swimming. I have two kittens and a dog that I love so much. Lastly, I came to CDH from a super small school, so I have gotten to know how to meet people and deal with that major change. I cannot wait to meet you guys and hopefully help you navigate the first few years of your high school experience!!

Molly Magnuson



HEY GUYS!! It's Molly here and I am so excited to be your PFP! Outside of school I swim year around and for CDH, and up til last year I played golf for CDH too. I would love to get to know about all of your fun activities and maybe connect on a few! Other than swimming, in my free time I love to watch any romcom, hang with friends and family, sing the best I can in the car, and talk about random celebrity drama. I am also down to grab anything to eat, but my personal favorites are Chipotle and Cane's with a drink from Starbucks or Sencha, and I am always up for ice cream after! I can't wait to have some great conversations with you wherever and whenever. And if you ever need someone to listen and rant to, I am definitely your person! Overall my favorite thing to do is to have a genuine conversation that ends up totally off topic, and I can't wait to have many with you! :) :)

Annie Mulcahy



Hey girls!!!! I am Annie Mulcahy and I would LOVE to be your PFP! A few things about me: I am a soccer captain for the girls soccer team and am attending Illinois State next fall for school and soccer! I love soccer(If you couldn't already tell), I love hanging out with friends, listening to Zach Bryan, watching Greys Anatomy, and my adorable dog Flynn! I have had many experiences here at CDH and would be so excited to hangout with you to hear about yours! I know if you choose me as your PFP we will have SO MUCH FUN! Can't wait to meet you!

Isaac Nessel



What's good y'all, my name is Isaac and I can't wait to be your PFP! I'm the captain of the throwing team in track and field, a member of the football team, and plan on starting a powerlifting club here at CDH. I love basketball, playing pick-up, weightlifting, and watching boxing. I love nature, I like to volunteer at the Mississippi River national park, and plan on studying environmental engineering in college. I love music, my favorite artists are J.Cole, Isaiah Rashad, and JID. My favorite shows are Dragon Ball Z, The Boondocks, and Naruto. I work in the kitchen as Davanni's. I love tattoos, I already have 2 and plan on filling out more in the future. I've experienced just about everything throughout my time at CDH and can't wait to help you through your freshman/sophomore year, so pick me for your PFP!

Jake Quinn



WHAT UP PFPers! I'm Jake Quinn and I'm super pumped to work with all of you! I play baseball here at CDH and I also play for various clubs; Northstar, HTP, etc. I love hunting, fishing, and being outdoors. I'm a passionate Minnesota sports fan. Skol Vikes! I love watching and playing sports like hockey and golf! I went to Nativity and I am a Saint Paul kid. Looking forward to meeting you guys!

Olivia Reeder



Hi everyone!!! My name is Olivia Reeder, and I cannot wait to get to know you all & hopefully be your PFP! First, a few things about myself: I am a captain of the Swim and Dive team, and I am also on the Golf team here at CDH. I participate in various different activities at school including the Empty Bowls Leadership Team, Student Council, Mock Trial, NHS, and Theater. Away from school, my most favorite thing is going on outdoor adventures with my friends & family! I love blasting music in the car, making food with friends, spending all my money on Aritzia, and traveling. High school is such an exciting and important chapter in your life, and I would love to be by your side to help you through all the crazy highs and lows that it throws at you. I am always down for a laugh, but most importantly I will be here as a friend to help with anything and everything that you need!

Josie Thomas



Hey everyone! My name is Josie Thomas and I would absolutely LOVE to be your pfp!!! A little bit about me: For sports at CDH I am on the swim team and I played softball freshman and sophomore year! I am also on the student council, empty bowls committee, in JROTC and in the sustainability club. I also love spending time outside with friends, but I'm always down for watching some love island or cheffing up some dinner. Either up north at a lake or in a pool in the summer is usually where you'll find me! I know that navigating the ins and outs of high school can be tough, I would love to help out and be there for you. Whether you are just wanting a new bff or someone you can vent to for some advice, I'm your girl:) I am so excited to get to know you!!

Lily Vincelli



Hi PFP! My name is Lily Vincelli and I would absolutely love to be your PFP! Some things about me is that I am both a captain of the girls hockey and golf teams at CDH, I am also playing Division 1 golf at North Dakota State University next year. I love to travel, go shopping, spend time with my friends and family, and listen to my favorite music (specifically Taylor Swift and Phoebe Bridgers). I will be here for anything you need, as I understand high school can be a hard thing to navigate. Even if you're just looking for an upperclassman to be your friend, or someone to confide in, I will be there for ANYTHING. I love meeting new people and creating new connections, and I would absolutely love if you chose me to be your PFP mentor.

Ava Wieland



Hi everyone!!! My name is Ava Wieland and I'm so excited to meet all you and hopefully be your PFP! I'm involved in tennis, student council, model UN and mock trial! Some of my "favorites" include Mexican food, The Lumineers, Taylor Swift, Criminal Minds and the Pitch Perfect movies!! Outside of school I work at Grand Ole Creamery and Caribou (for now..). I love trying new restaurants, going on long walks with my dog and trying new things!! I would love to get to know you all by being someone who could have a conversation with, give advice, or just listen! Can't wait to finally hopefully meet you!