

demonstrate individual performance to standard.

Air Rifle Safety and Marksmanship (Optional): Introduce range safety procedures and the safe handling of a weapon. Study the steady hold factors, zeroing, sighting adjustment, and the prone, kneeling and standing firing positions. Fire an air rifle by first zeroing it and then engaging a target for familiarization.

LEADERSHIP EDUCATION & TRAINING 2 (LET-2) Grade 10 Yearlong

Leadership Theory and Application -- Being a Leader: Review the 11 leadership principles; the Be, Know, Do attributes; and the styles of leadership. Discuss the five basic management principles and compare management to leadership.

Leadership Theory and Application -- Leadership Skills: Lead the activities of the assigned cadet organization including 9th grade instruction, squad drill, Cadet Challenge, inspections, ceremonies and Knowledge Bowl. Apply classroom leadership instruction. Assess personal leadership traits. Apply leadership principles and values. Employ proper techniques of communications. Motivate subordinates. Demonstrate individual attention to detail and the leadership trait, bearing, during monthly inspections and the Annual Inspection. LEAD BY EXAMPLE.

Citizenship in American History & Government: Understand how the Preamble to the Constitution sets the stage for the success of our nation. Study the seven main citizenship skills and understand how they apply to high school students. Learn how to conduct effective small group meetings by studying 13 ground rules, and how to participate in representative group sessions. Obtain an appreciation of the United States Constitution and our democratic form of government through participation in the educational game, "Chief Justice".

Geography, Map Skills & Environmental Awareness (optional): Determine distance and direction to locations on a map and on the ground. Convert azimuths (direction) based upon declination when using a compass together with a map.

Wellness, Fitness, and First Aid: Understand that you are what you eat and the proper nourishment of the body. Know the importance of your response to situations requiring first aid. Study and apply the First Life-Saving Steps. Learn the proper first aid to administer for burns, poisons, wounds and bruises. Study the types of and treatment for heat and cold weather injuries, and bites, stings and poisonous hazards. Discuss the use and effects of drugs, alcohol and other substances. Know how to make critical decisions about substances. Explore the mission and operations of the Minnesota Counter Drug Force.

Physical Activity/Leader Assessment -- Cadet Challenge: Develop an appreciation for the importance of physical fitness in maintaining good health and appearance. Perform in the President's Physical Fitness Program during Leadership Lab, leading assigned subordinates by example and influencing optimum individual performance to standard.

Air Rifle Safety and Marksmanship (Optional): Review range safety procedures and the safe handling of a weapon. Review the steady hold factors, zeroing, sighting adjustment, and the prone, kneeling and standing firing positions. Fire an air rifle by first zeroing it and then firing for familiarization.

LEADERSHIP EDUCATION & TRAINING 3 (LET-3) Grade 11 Yearlong

Citizenship in Action: Learn basic command and staff procedures and how they relate to the duties of the commanders and the principal staff officers of the cadet organization.

Leadership Theory and Application -- Leadership Strategies: Learn ways a leader can guide diverse groups to work together as a team. Learn about performance indicators and the leader's responsibilities as a counselor, and how to negotiate win-win solutions as a leader.

Leadership Theory and Application -- Leading Others: Lead the activities of assigned cadet organization, including 9th grade

instruction, squad and platoon drill, Cadet Challenge, inspections, ceremonies and Knowledge Bowl. Apply classroom leadership instruction. Assess personal leadership traits. Apply leadership principles and values. Employ proper techniques of communications. Counsel and motivate subordinates. Demonstrate individual attention to detail and the leadership trait, bearing, during monthly inspections and the Annual Inspection. LEAD BY EXAMPLE.

Foundations for Success – Presenting Skills: Develop your oral and written communications skills. Review learning objectives and lesson planning. Present peer instruction on an assigned topic and write a lesson plan.

Foundations for Success – Managing Conflict: Learn anger management and conflict resolution strategies. Study mediation techniques to resolve conflict and strategies to prevent violence.

Foundations for Success – Career Planning: Learn the skills necessary to begin the process of career planning.

Foundations for Success – Organizational Communications: Understand the upward and downward flow of information within organizations focusing on the factors that change, distort and dilute information; the informal communications systems; and barriers to communications.

Foundations for Success – Planning Skills & Social Responsibility: Study the problem-solving/decision-making process and apply the process to a problem. Develop a personal goals action plan and a personal time management plan.

Foundations for Success -- Financial Planning: Learn about the importance of financial planning (budgeting, savings, investments) as your road map to financial security through the National Endowment for Financial Education (NEFE) High School Financial Planning Program.

Foundations for Success -- Service Learning: Develop an appreciation for the need and importance of dedicating oneself to making a difference in the community through service learning. Participate in a service-learning project by teaching Junior Achievement Program lessons to elementary school children in the St. Paul Public School System.

Citizenship in American History & Government – Critical Thinking in Citizenship: Review the 11 Leadership Principles in the context of making sound and timely decisions. Study leadership values and ethics. Discuss ethical situations that effect behavior, standards of morality and ethical decision-making in light factors, such as laws, regulations, basic national rights, personal values and institutional pressures.

Physical Activity/Leader Assessment -- Cadet Challenge: Develop an appreciation for the importance of physical fitness in maintaining good health and appearance. Perform in the President’s Physical Fitness Program during Leadership Lab, leading assigned subordinates by example and influencing optimum individual performance to standard.

Air Rifle Safety and Marksmanship (Optional): Review range safety procedures and the safe handling of a weapon. Review the steady hold factors, zeroing, sighting adjustment, and the prone, kneeling and standing firing positions. Fire an air rifle by first zeroing it and then firing for familiarization.

LEADERSHIP EDUCATION & TRAINING 4 (LET-4) Grade 12

Yearlong

Citizenship in Action – Foundations of Army JROTC and Getting Involved: Strengthen and expand student knowledge of command and staff relationships and responsibilities, staff organization, delegation of authority, and staff actions. Apply these basic principles while performing assigned command and staff duties within the cadet brigade. Plan, coordinate, execute the Upper Midwest JROTC Challenge and conduct an after-action review. Study the Command Inspection Program and prepare to pass the JROTC Program Assessment.

Leadership Theory and Application – Leadership Principles: Learn about the types of power and influence and their impact on the leadership situation. Know the leadership styles and understand which styles are best suited for different situations.

Compare management skills and leadership skills. Learn to employ motivation strategies that inspire others to achieve goals. Review organizational communications.

Leadership Theory and Application -- Leading Others: Plan, organize and direct the activities of Leadership Lab including 9th grade instruction, squad/platoon/company drill, Cadet Challenge, inspections, ceremonies and Knowledge Bowl. Apply classroom leadership instruction. Assess personal leadership traits. Apply leadership principles and values. Employ proper techniques of communications. Motivate subordinates. Learn the manual of arms for the saber and lead the Fall Review and Twilight Parade. LEAD BY EXAMPLE.

Citizenship in American History & Government – Critical Thinking in Citizenship: Discuss ethical situations that effect behavior, standards of morality and ethical decision-making. Understand your responsibility and accountability in ethical dilemmas where ones values come into conflict. Review the legitimate avenues of dissent available in an ethical dilemma.

Foundations for Success -- Planning Skills and Social Responsibility: Learn about proper social conduct and behavior. Study the evolution of the regimental mess; and, plan and execute a formal Dining-In and Military Ball.

Foundations for Success – Teaching Skills: Review the techniques of oral communications. Present fall drill instruction to the 9th grade class. Lead the teaching of Junior Achievement and curriculum to elementary school students.

Foundations for Success -- Financial Planning: Learn about the buy now, pay later advantages and disadvantages of credit and the benefits of insurance for your protection through the National Endowment for Financial Education (NEFE) High School Financial Planning Program.

Foundations for Success -- Service Learning: Continue to develop an appreciation for the need and importance of dedicating oneself to making a difference in the community through service learning. Lead a service-learning project by coordinating the presentation of Junior Achievement Program lessons to elementary school children in the St. Paul Public School System.

Physical Activity/Leader Assessment -- Cadet Challenge: Develop an appreciation for the importance of physical fitness in maintaining good health and appearance. Perform in the President's Physical Fitness Program. Lead the execution of Cadet Challenge in Leadership Lab; prepare performance records; select the Upper Midwest JROTC Challenge team; and identify the top five male and female award recipients.

Air Rifle Safety and Marksmanship (Optional): Review range safety procedures and the safe handling of a weapon. Review the steady hold factors, zeroing, sighting adjustment, and the prone, kneeling and standing firing positions. Fire an air rifle by first zeroing it and then firing for familiarization.